Raphael’s Rooms is carried by a small group of health professionals, working together to integrate indications given by Rudolf Steiner for health and healing.

Steiner and his colleague Dr Ita Wegman, MD, taught how, through inner development and careful observations, nurses, physicians and other therapists could care for patients in a manner meeting the needs of a patient in a deepened way, striving for the dynamic wholeness of the individual.

A medicine orientated to Spiritual Science recognizes that not only is the human a being of soul and spirit, but also, that imbalance and illness occur in a meaningful connection to a child’s development in becoming more fully themselves.

Our practitioners strive to work collaboratively to these aims, bringing further understanding and support to the intangible forces of a true healing process.

‘From spirit heights this child comes to us, may we solve their riddles day by day, hour by hour.’

Rudolf Steiner.

Practitioners

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Bookings

Please contact practitioners directly on the above listed details.

Visit our website www.raphaelsrooms.com for further information about practitioners and their therapies.

If you are uncertain of the most effective modality for yourself or your child we recommend an initial session with Dr Narelle Savage to ascertain the most relevant therapeutic plan.
Anthroposophic medicine treats the individual as a being of body, mind, soul, spirit and warmth, with natural substances, healing arts and conventional medicine. Anthroposophic Nurses assist their patients to integrate health and illness into balance. Through therapies, education and counselling, self healing and well being are stimulated.

Etheric massage uses specific movements applied with rhythm, lightness and warmth to regulate processes that give rise to symptoms, back into harmony with the rest of the body.

Art Therapy
Painting, drawing and modelling help to create a language of the soul through the world of colour and form. These processes aim to bring balance and breathing to our healing life which can strengthen forces and perception for our emotional and physical wellbeing.

Eurythmy Therapy
Eurythmy Therapy is a form of therapeutic movement and an integral part of Anthroposophic medicine. The exercises are based on the processes underlying normal healthy movements.

Anthroposophic Based Psychology and Counselling
Providing a warm and safe space to find a new path on one’s journey of transformation.