

## WELCOME TO TERM 3

We begin a busy term this week. The Spring Festival this year will involve the whole school from Class 1 to Class 12 on the oval at Middle Cove, and the Family Fair on Saturday, 26<sup>th</sup> September will be a fit finale for an active term.

For the Year 12 students this term will be the busiest of their careers to date, culminating in the HSC and the Major Project presentations at the beginning of Term 4. This last term is always a bitter-sweet experience for teachers as we sadly prepare to say farewell to young people we have watched grow up, but also knowing that they are each stepping into the exhilarating adventure of living out their own unique destiny. We wish them all a fulfilling and successful term of preparation.

### “Crisis in the Kindergarten”: What Crisis?

Last month there was an article in a Saturday Sydney Morning Herald entitled “Crisis in the Kindergarten”. The article examined the wide spread concerns about over stressed 5 year olds, the cramming of information into young minds, and the absence of play and creativity in so many Kindergartens across the developed world. There were many voices quoted that bemoaned the narrowing down of early childhood education into assessable skills rather seeing this stage of development as a joyful and creative gateway into life.

The title of the article came from a report released throughout Europe and North America of the same name. This report was published by the Alliance for Childhood, a Steiner education group that has built a broad coalition of educators and parents calling for a review of this narrowing trend. The article did not mention the Steiner education background of the report, so it was interesting to note the range of other educators who spoke in support of the report.

One of the most impressive of these voices was that of Professor Robyn Ewing of Sydney University who has placed a number of students with Glenaeon during their teacher education internships. We reprint below her comments from the article which she was very happy for us to use.



Professor Robyn Ewing, the Dean of Education at Sydney University, says the time parents spend reading with their children is invaluable, but extra homework that puts pressure on young children is not useful. “A lot of really good learning comes out of play and using our imaginations,” she says. “They need time for play to create and imagine, and just to be children.”

Research has shown cognitive overloading can damage children. “I find it hard to understand why we would be setting so much formalised technical exercise for kindergarten children.” She says. “Spelling and stuff like that is not what we would hope would be happening in early childhood classrooms.”

Ewing warns against following the British example.

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"They are the most over-assessed and tested children in the world and not doing any better for it," she says. "It's about parents wanting their children to do well at school and thinking that they have to have a homework regime."

Contrary to preparing good habits for later, homework (in early childhood) could make children resist learning.

"Children are tired after five or six hours of school and want to run around," she says. "We sometimes forget about how important it is to use our imaginations."

Stressing children through homework will only "turn them off learning".  
(SMH: 12-13 June, 2009)

Hear, hear! We concur entirely. At Glenaeon we have a Kindergarten living out these ideals, all underpinned by a rigorous picture of child development that ensures each child experiences a rich, creative foundation to a journey of lifelong learning.

*Andrew Hill  
Collegiate Chair*

## School Calendar

Important dates to remember

29 <sup>th</sup> July	Start of Term 3
3-7 <sup>th</sup> August	Class 10 Camp
4 <sup>th</sup> August	Parent Education Talk – Music in the Steiner Curriculum, 9.10am, Castlecrag campus
5 <sup>th</sup> August	P&F Class Parent Reps Meeting, Castlecrag, 7.30pm
6 <sup>th</sup> August	Major Projects – Oral Presentations
6 <sup>th</sup> August	'Meet the Music' Opera House, 6.30pm
10-24 <sup>th</sup> August	Class 12 Trials
10 <sup>th</sup> August	Castlecrag Forum

## Campus News

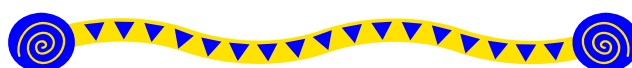
### Class 10 German Trip Raffle Winners



Congratulations to our winners (see below) and many thanks to everybody who supported our raffle.

<b>Jenny Jackson</b>	German champagne and chocolate basket
<b>Ashlee Fraser</b>	European Indulgence Pack
<b>Hugh Kronenberg</b>	Angel drawing

*Class 10 German Group.*



### DO YOU SPEAK PORTUGUESE?

Is there anyone in our community who speaks Portuguese and has the time and willingness to help a little boy to integrate into his preschool group?

This little boy loves going to preschool Mondays, Tuesdays and Wednesdays but a little extra help would make all the difference.

If you feel you can volunteer some time please contact Jessica Horne-Kennedy, Glenaeon Preschool Director on 9412 4457.



## FAMILY FAIR PR HELP NEEDED

The wonderful Glenaeon Family Fair is only 3 months away and planning is well underway for another very special day (don't forget to mark it in your calendar - Saturday September 26th).

The Fair Committee are seeking some additional help from someone experienced in Public Relations to assist in building a higher profile for our Fair through local media. If you are experienced in writing Press Releases or have contacts with local media organisations (newspapers & radio) your help would be very much appreciated. Please contact the Fair Committee via email at:

[glenaeonfamilyfair@yahoo.com.au](mailto:glenaeonfamilyfair@yahoo.com.au)

Please call to discuss if you need to. Thanks in advance

Lee Hill



## KAMAROI CULTURAL EVENING

**Saturday, 15th August – 7.30pm**

Bookings please contact Sherryl on 9450 1651. For enquiries please email Joy [joycdy@hotmail.com](mailto:joycdy@hotmail.com)

*Fire, fire burning bright  
Fire, fire warm tonight*

*Stories rising from the flames with storytellers  
Ebba Bodame and Jonathan Drew and musician  
Christian Lillicrap.*

*Come to the table of imagination and indulge  
wholeheartedly in a feast of stories from far away and  
long ago, close to home and not yet born and let your  
soul be nourished.*

*Where: Kamaroi Rudolf  
Steiner School  
220 Forest Way, Belrose*

*When: Saturday, August 15<sup>th</sup>  
7:30 pm*

*Tickets: \$25 full,  
\$20 Concession and  
\$12 Students*

*Bookings: Sherryl at Kamaroi  
02 9450-1651  
Joyday via email -  
[joycdy@hotmail.com](mailto:joycdy@hotmail.com)*

*This program adults only*



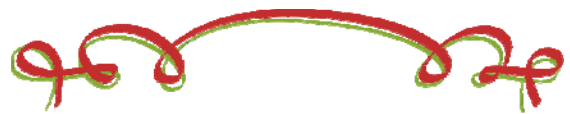
## Parent Education Talk By Christian Lillicrap

### On Music in the Steiner Curriculum

**Date:** Tuesday, 4<sup>th</sup> August

**Time:** 9.10am

**Where:** Castlecrag campus



Kamaroi & Glenaeon Rudolf Steiner Schools offer educational talks for parents, carers, and friends of children attending Kamaroi and Glenaeon Schools, (the wider community is also welcome to attend). All sessions, unless otherwise specified, will be held in the Library at Kamaroi, 220 Forest Way, Belrose. No charge for sessions - unless indicated. Any payments will be collected at the session - Phone or email [bookings](mailto:bookings) essential.

We are grateful to the Kamaroi Parents' and Friends' Association for generously funding this program for your benefit. Parents participating from other schools are also welcome and are invited to make a donation of sessions attended.

For enquiries or suggestions for inclusions in our program, please email [Joy Day Joycdy@hotmail.com](mailto:Joy Day Joycdy@hotmail.com)

**Tuesday 21<sup>st</sup> July 7:30 pm Kamaroi Library with Ebba Bodame - Stories for The Heart**

The heart holds us together. Coming together to share heart stories on a winter night will give us strength, warmth and joy. What is a heart story? How can we learn more about them, and how can we find such stories for our children which strengthen them for their business through life. Come to the story telling heart at Kamaroi where stories will be slowly baked.

Ebba Bodame has recently returned from participating in workshops with Ashley Ramden and Nancy Keelan with the theme of finding the slumbering stories within our organs.

**Tuesday August 9<sup>th</sup> 7:00pm – 9:30 pm (Please note time) Kamaroi Library with Shari Macree**

Speaking Peace in your Home – Nonviolent Communication

- Expressing yourself Authentically -
- Express with deep respect even during conflict
- Speak honestly and compassionately
- Resolve conflict in yourself and with others

Speaking Peace (based on Nonviolent Communication) is a simple doorway for you to access this quality of authentic speaking and listening to what is in each others hearts.

Previously we experienced Speaking Peace, introducing listening compassionately. In this session we will be introducing Expressing yourself Authentically. You will discover how to "speak from your gut" to authentically express from what is deeply important to you.

What you learn on this evening can make a difference in every area of your life - even if the other person doesn't know Speaking Peace.

About Shari Macree

Shari Macree is an inspirational business woman and highly skilled business coach, trainer and facilitator in the areas of relationships, wealth and success. An internationally certified Nonviolent Communications trainer, Shari is co-creator and owner of One World One Wealth and owner of Fully Alive Pty Ltd. Known for her perceptive, challenging and inspirational style, Shari works widely with business managers, owners, organisational teams, schools and women in business.

**Tuesday Aug 12<sup>th</sup> 7:30 pm Kamaroi Library with Bernadette Taylor Communicating from the Heart**

Bernadette has always been interested in finding ways to communicate with children that acknowledges and respects them, so that they can unfold as opposed to being shaped. In her talk Bernadette will discuss the importance of being present to our own state of mind before we interact with our children and the impact that can have on communication and associations. She will also discuss simple ways to enhance self esteem in our children and encourage them to acknowledge and honour themselves.

Bernadette is a practicing homeopath for the past 12 years and works from home and the Harbor Homeopathic Children's Clinic. She is the mother of two boys aged 15 and 15 (happy ex-Kamaroi family), she runs "Implied Parenting" courses with colleague Ann Hanning.

# MONTHLY NOTICEBOARD

the following section is a service to the school community and does not necessarily represent the views of the school



## KI YOGA

Japanese style of yoga that works  
The meridian lines of the body.  
It is a dynamic style of Indian Hatha yoga  
Each class incorporates core strength and  
lower back support, whilst at the same time  
focusing on the organs that relate to the particular  
season.

WINTER is the time for reserving your energy supplies,  
Being self reflective and still, as the cold harsh environment  
Keeps us indoors. This WATER element relates to the KIDNEYS  
and BLADDER. Keeping these organs strong this time of year is  
important to prevent back ache and hormonal imbalances. It is the  
time of year to establish the foundation of our being, structure, and  
motivation. Don't procrastinate this winter, charge your KIDNEYS  
and flow effortlessly towards your future goals. Gain confidence and  
stability as you strengthen your BLADDER, calm your mind and  
integrate your nervous system.

CLASSES @ 9 THE TOR WALK CASTLECRAG  
WED and THUR 9.30am  
(Babysitting avail on THURS)

ENQUIRIES: LISA KAVANAGH 0409 319 289  
www.kiyogatoday.com.au  
First class is FREE. Thereafter \$15/p/c or 10 class card \$120



## HOUSE FOR RENT DEC2009/JAN2010

Our house in Castle Cove is available for rent (or house exchange) during Christmas and for some weeks early January. If anyone has guests from abroad

coming who rather than stay in an hotel, may be interested in staying in a home that could comfortably sleep 7, is close to a city bus link and is geared for entertaining around the pool, they could contact Dagmar on 61 411 488 729 for further details.

## Experience the Mystery Dramas by Steiner

Would you like to be a part of it? Wish to know more about this group?

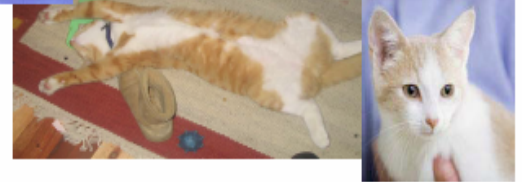
**WHERE?** Northern Beaches area  
**TIME?** The most convenient  
**FREQUENCY?** Weekly

If you would like more information please call Regina Hoffmann on 9999 4885.

Angus



Angus and Ollie need a  
loving home



Ollie

### Characteristics

Ollie and Angus are 5 year old, loving brothers from the same litter. They were rescued by us from the Cat Protection Society 4 years ago. They are playful, sweet natured and very purry. They clean each other daily and are often seen playing together like close brothers do. Ollie seeks cuddles and pats from us often and although Angus is a little more independent, he loves a good tummy rub (see photo) especially in front of the fireplace or heater in winter! They are both lap lovers.

**Why let them go?** Sadly, due to my daughters extreme (and totally unexpected) allergic reaction to cats we have had to make the difficult decision to search for a loving family home that will take on 'the boys'. Ollie and Angus are very close and therefore, if at all possible, would need to go to a new home together. They are suited to live with children (they love being carried or wheeled in toy prams), a feline friendly dog or another cat.

Please contact Jasna to discuss adoption on 0400 105 715. Thank you for helping us to find them a new home.

## FELTING WORKSHOPS

Learn how to create beautiful toys, homewares and gifts from wool fibres using wet felting and needle felting

*No experience necessary & all materials supplied*

**THURSDAYS 10am-12pm or 8pm-10pm**

6 August	Gnomes
13 August	Placemats & Coasters
20 August	Finger Puppets
27 August	Flowers
3 September	Spring Picture
10 September	Bird's Nest
17 September	Flower Child
24 September	Spring Fairy

**SATURDAYS 10am-4.00pm**

8 August	Felted jewellery
12 September	Lady Spring

*You are welcome to come to single classes or attend the whole series. Other classes available on request.*

For more information please  
Phone Wendy on 0402 039 677 or  
Email [enchanted\\_wool@optusnet.com.au](mailto:enchanted_wool@optusnet.com.au)



## KITTEN WANTED

We are looking for a female kitten for our family to love - 6-12 weeks old. Contact: Ashley Fraser 9958-5984