



## FAREWELL CHRIS

I am deeply shocked and saddened to inform you that Chris Streeting, our Business Manager, passed away suddenly at home on Saturday, 21<sup>st</sup> March. Chris suffered a heart attack after experiencing some health problems over recent months.

Chris commenced with Glenaeon in August last year and was a quietly spoken, gentle man and hard working member of our staff. He will be missed by all.

Our deepest sympathy goes to his family and especially his wife, Janice, and their children.

*Jan Fowler  
School Manager*

## Lots Happening.....

There has been a lot happening across the school as we near the end of Term 1.



**Mayor Pat Reilly presenting the Indigenous History book to Glenaeon**

### Indigenous Heritage:

Mayor of Willoughby Pat Reilly visited Glenaeon last week to present our library with a Council-sponsored book on the indigenous history of Willoughby. We also invited Athena Mumbulla from the Aboriginal Heritage Centre in Northbridge to perform a traditional Welcome to Country introduction, linking us to the Cameraygal clan of the Gur-ring-gai

language group who were the traditional owners of the land on which Glenaeon now stands. Mayor Reilly was impressed with the natural bush setting of the school grounds and urged us to remember the traditional owners and their heritage, now recorded in the book he presented to our library.



**Mayor Pat Reilly, Athena Mumbulla from Indigenous Heritage Centre, Northbridge and Glenaeon students - Ellisa Bennett and Sarah Black**



**Class 6 performance**

Classes 6 performed a song of their own composition, Class 7 sang two songs, and Class 8 contributed the poem Dreamtime by the indigenous poet Oodgeroo Noonuccal.

### RSSA:

Last weekend Glenaeon hosted a meeting of delegates of the Rudolf Steiner Schools Association of Australia. Representatives of Steiner schools from around the country discussed issues facing us all as Steiner schools in Australia, particularly the National Curriculum which is legislated to be introduced within the next few years. The RSSA

recently responded to the challenges which this as yet unknown curriculum may pose to the unique character of the Steiner curriculum of our schools. We will keep you informed of developments. Delegates were particularly impressed by a cultural sharing provided by our school which featured Christian Lillcrap on piano and two of our English teachers Neil Anderson and Jim Provencher reading poetry and telling stories.

### Glenaeon Jazz Club:

Last Friday saw a hall of happy people enjoying the sounds of the big band Sussudio. The event was our start of the year P and F dinner dance hosted this year by Class 9, and we all enjoyed a great dinner, entertaining music and a good chance to catch up with parents across the school. Many thanks from the whole school to parents of Class 9 for all the organising, publicity, cooking and hall set-up on the Friday, with special thanks to Jacqui Landis for the coordinating behind the scenes. A great night!

### Outdoor Program:

Last week Class 9 was away on camp in the Wolgar Valley outside Lithgow, while Class 6 journeyed out to the Warrumbungles in Central NSW to explore that ancient volcanic landscape as part of their Geology main lesson. This week Class 7 is up near Grafton in northern NSW on a kayaking camp.

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Last Friday Sport teacher Kat Ivkovic took 20 students to play in an ISD Touch Football day at Centennial Park. The ISD is our sports association of fellow independent schools: we hold 6 sporting events each year and it is an avenue for students to play at representative and ultimately at state level.

**Autumn:**

Last weekend saw the annual Autumn Equinox, the moment in the year when light and darkness are in balance. As we move into Autumn we have a sense of the movement of the year: the intense light and warm of summer mellow and we take this outer richness into our inner lives. A time to give thanks for the gifts of Nature that sustain us and to share those with others.

We will be conscious of the gifts passed over from summer in our Autumn festivals which we celebrate in the coming time. The festivals are celebrated in Steiner schools as a way of marking these outer rhythms of Nature and the inner movements we experience in our own souls. Classes 1 and 2 will celebrate their festival at Castlecrag on Friday, 27<sup>th</sup> March while at Middle Cove Classes 3 to 12 will share a Harvest Assembly on 1<sup>st</sup> April.

*Andrew Hill  
Collegiate Chair*

**School Calendar**  
Important dates to remember

<b>Thursday, 26<sup>th</sup> March Information Open Evening, CANCELLED</b>	
Friday, 27 <sup>th</sup> March	Harvest Festival, Classes 1-2 Castlecrag – 11.30am
Friday, 27 <sup>th</sup> March	Coffee Shop, Castlecrag, 2.30pm – 4.30pm
Saturday, 28 <sup>th</sup> March	Sydney Lyre Ensemble – 3.00pm, Christophorus House
Thursday, 2 <sup>nd</sup> April	Class 11 & 12 – Art Gallery NSW - ArtExpress Talk, 9am - 2pm
1 <sup>st</sup> April	Harvest Assembly, Middle Cove – 10.15am
6-8 <sup>th</sup> April	Class 12 camp
6-8 <sup>th</sup> April	Class 10 Musical
8 <sup>th</sup> April	Term 1 ends
9 <sup>th</sup> April	ISD Netball Championships
29 <sup>th</sup> April	Term 2 begins

**Campus News**

**HARVEST ASSEMBLY – MIDDLE COVE**

On Wednesday, 1st April Middle Cove campus will celebrate the Harvest Festival during the assembly time.

Students are asked to bring in fruits and vegetables which will be created into a beautiful mandala and afterwards given to the Matthew Talbot Hostel for homeless men in Sydney. Last year, as for many years before, the staff at the hostel were very grateful for the food we were able to give.

When I delivered the food I thought that it might have been too much at once, but they explained to me that they would be cooking for about two hundred people at lunchtime and about three hundred in the evening so our contribution really does go to a worthwhile and needy cause. Thank you for your support.

*Christian Lillicrap*

**MARKET DAY AT GLENAEON CASTLECRAG**

**Friday 27th March 2.30-4.30pm**

Please bring along your friends to help us welcome Autumn and raise funds for the blossoming Glenaeon Preschool. We look forward to sharing the afternoon with you.

*Hope Pitman  
Glenaeon Preschool Parent Committee*

**CANTEEN NOTICE: Councillor Connie Harris**

Our Friday Canteen is going very well regarding it's popularity. We will have till the end of this term with cold food only. Next term will see the return of our delicious hot soup.

It would be wonderful if we could have a few more hands on board. Can you help? Helping and working alongside other parents is great and so worthwhile, so much so that I still enjoy doing it even though my children have now finished school!

Yes! I am very busy with my Council responsibilities and urgently need more parents to be on-call at short notice when I cannot be available.

Remember this is a great way to earn those CIP points. Looking forward to your offers – please contact Connie on 0432 643 295 or 9451 3231.

**Hans needs a HOME!**

Hans, one of our German social year volunteers, who runs our school circus groups, is looking for a new host family. Hans has spent two terms with the Chapman family and we would like to thank Christina, Tony and David for generously opening

their home to Hans and providing him with a wonderful experience of Australian family life. The school offers host families a weekly payment of \$150 towards board and accommodation and the Volunteer is also expected to do various tasks around the home as a contribution to the host family's hospitality. The expectation for stay is a minimum of 6 weeks but this may be extended or

shortened depending on circumstances. If you are interested in hosting Hans or would like further information, please email [annetteb@glenaeon.nsw.edu.au](mailto:annetteb@glenaeon.nsw.edu.au) or leave a message at either school office.

Annette Brian  
German Volunteer Coordinator

## Monthly Noticeboard

The following section is a service to the School Community and does not necessarily represent the views of the school

### GLENAEON COMMUNITY AND PARENT CRAFT GROUP

As Harvest Festival is coming, you may like to come and join us in making some felted pumpkins. No previous experience needed, just a desire to enjoy yourself, make beautiful craft that we are going to place on a stall at the Coffee Shop at Castlecrag this Friday afternoon. You may be inspired to go home and make some for your Autumn/Harvest Table.

Needle felting uses a special needle and 100% wool. This is felted into loving ideas that enrich the soul and the heart. If you have your own needle felting board and needle please do bring them along. For those who do not, we will provide them. Come and enjoy learning a new skill or enjoying the skills you have already in this field of craft, a cuppa, something delicious to eat and enjoy the company of others in the community.

**Date:** Wednesday 20th March

**Time:** 9am - 11.30am

**Venue:** Uniting Church Hall, Charles St Castlecrag  
For further information Contact: Wendy Phillis 0412 284 930 or 9958 8070.

### BUSHWALK-18<sup>th</sup> April

Come and join us for a morning bushwalk on 18<sup>th</sup> April through Narrabeen Lagoon Catchment from Oxford Falls to Deep Creek with environmental considerations and the most breathtaking scenery.

**Grade:** Medium (3.5 to 4 hours)

**Bookings required.**

Contact Conny Harris on 0432 643 295 or 9451 3231

### DOLLMAKING CLASSES – 2009

This type of soft dolls, made according to indications given by Rudolf Steiner, inspires the child's own imagination through the simplicity of the doll's features. Classes (4 weeks), Tuesday evenings **7.30-9.30pm** Cost \$185.00

**Dates during Term 2** (☉denotes **7.00pm start**)

(5<sup>th</sup> ☉) 12, 19, 26 May

(9<sup>th</sup> ☉) 16, 23, 30 June

Enrolments or information please contact Carla De Jong 02 9416 5259 or visit our website

[www.dejong.id.au/carladejong-toys](http://www.dejong.id.au/carladejong-toys)

No special skills required. Please bring your own scissors.



### KI YOGA

Japanese style of yoga that works the meridian lines of the body. It is a dynamic style of Indian Hatha yoga. Each class incorporates core strength and lower back support, whilst at the same time focusing on the organs that relate to the particular **season**.

Late summer the meridians worked are stomach and spleen. The stomach meridian helps to govern our pattern cycles and habits in life, bringing an awareness to the body, helping us to deal with internal and external changes. The spleen meridian is about desire, satisfaction and sweetness. This helps to control the blood sugar levels within the body.

**CLASSES : 9 THE TOR WALK, CASTLECRAG**  
**WED and THUR 9.30am**

### BALMORAL BEACH

**MON @9.30am, WED@6.30am, SAT @8.00am**  
**MEET AT ROTUNDA**

First class is **FREE**. Thereafter \$15.00 per class or 10 class card for \$120.00

**ENQUIRIES: LISA KAVANAGH 0409 319 289**  
email: [lisa@yogatoday.net.au](mailto:lisa@yogatoday.net.au)

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(02) 9905 2711 to place your order over the phone.

2009  
April

Life Story Work  
Courses for Professional  
and Personal Development

## Biographical Keys and Life Phases

Drawing the Map and Finding Directions

### Initiation through Life

Challenge and Enlightenment in the Social Realm Talk  
Wed 22<sup>nd</sup> April, 7.00 - 9.00 pm

### Foundation Seminar

Thu 23<sup>rd</sup> - Sun 26<sup>th</sup> April, 2009

Facilitated by Karl-Heinz Finke

Life  
pathways

Parsifal College  
Rudolf Steiner House  
307 Sussex St, Sydney

Life  
pathways

### Biographical Keys and Life Phases

This is a foundation seminar leading into Life Story Work. It is designed for anybody intending to 'take charge' of their own life's journey, and offers a deeper understanding of the physical, social and spiritual developmental stages in one's life.

Participants take this course for personal and professional development; it has proved to be especially beneficial for individuals in social, therapeutic, educational, organisational development, personal development and training professions.

This initial four-day process provides the foundation for a possible series of training seminars.

While individual seminars of the proposed training process and the foundation seminar stand by themselves, they form part of an integrated course sequence that has been developed over the last 20 years. They lead from systematic work with one's own biographies to themes related to social interaction and inner growth. Each course is composed of a creative balance between a thematic focus, discussion groups and experiential learning including artistic work in support of the themes. No previous artistic experience is necessary.

### Times (Workshop)

Thu, Fri, Sat: 9.30 am-6.30 pm/Sun: 8.30 am-4.30 pm

### Fees

\$420 Including a non-refundable deposit of \$50 for the foundation and each subsequent four-day seminar. The course fee includes materials, copies, tea, coffee and snacks.

\$120 For each training day. The full training process comprises of 47 days (36 + 11 training days) over three years.

### Contact

#### Parsifal College

307 Sussex Street  
Sydney NSW 2000  
(02) 9261 4001  
admin@parsifalcollege.edu.au  
www.parsifalcollege.edu.au

#### Karl-Heinz Finke

bg-syd@Living-way.org  
(03) 9005 6905

www.Living-way.org



Performing

This performance based course is a journey to experience the nature of dramatic art, movement and speech. Students explore the inner life of the human being through character and language, as well as the outer elements in nature to create artistic performances that bring together a sense of beauty, a sense of truth and wholeness to the stage. The movement component of the course encourages us to find harmony by experiencing the invisible movements inherent in life and speech. This course is for people interested in the performing arts, however beginners are welcome.

This day includes the following modules

Speech &  
Drama

Exploring the inner world of both actor and character through different forms of movement, improvisation, the hidden life and meaning in sounds and the forming of the spoken word. This module is experiential rather than lecture style; the psycho-physical techniques aim to unlock the higher creative individuality in the performer. Performance material will include monologue, dialogue and poetry in differing styles.



Eurythmy

Arts



In this module we explore how to bring sound and gesture alive through movement, and learning to bring the inner intention and gesture of the performer visibly to the stage. We aim to connect with one's inner experience, and to make it visible and audible to the audience.

Photography: Front Top, Angela Rivas

Front Bottom, Eurythmiesum Stuttgart © Charlotte Fischer

Course Commencement  
Course runs on Thursdays 9.30am - 3.30pm  
Term 2 May 4th - July 2nd  
Term 3 July 27th - September 25th  
Term 4 October 19th - December 18th

We reserve the right not to run a course if student numbers are not adequate.

For enrolments and further information please contact Parsifal College:

E admin@parsifalcollege.edu.au Ph 02 9261 4001  
Postal Address 307 Sussex St, Sydney NSW 2000

www.parsifalcollege.edu.au

Parsifal College